

PINGPONG PARKINSON SPRING/SUMMER 2025 SCHEDULE*			
Location	Day & Time	First - Last Date	Fee
Concordia University Gym, downtown Montreal	Monday, Friday: 9:30 - 11:30 AM Sunday: 10:30 AM - 12 PM	Schedule valid until end of August. Closed on Public Holidays	Payable to the gym reception at the beginning of the session
Centre sportif Notre-Dame-de-Grâce, Montreal	Tuesday, Thursday 10 - 11 AM	April 24 - June 12	Payable to the Centre online at registration (ongoing till April 18) or per visit at reception
ARMP, Plateau Mont-Royal, Montreal	Tuesday 9:30 - 11:30 AM	May 6 - June 10	Annual membership fee payable to the association

*** subject to changes**

Please contact us by email: pingpongpem@gmail.com before coming to a class for the first time.

Pingpongparkinson is an activity under the umbrella of Parkinson en mouvement: www.parkinsonenmouvement.org/tennis-de-table/